

NEWS ON WHEELS

A QUARTERLY PUBLICATION OF LUBBOCK MEALS ON WHEELS
VOLUME 31, NUMBER 4 • OCTOBER 2010 • WWW.LUBBOCKMEALSONWHEELS.ORG

Holiday Helpers

New This Year!

LETTER FROM SANTA PROGRAM Make sure your child, grandchild, spouse, or loved one receives a letter from Santa this holiday season! Have a letter sent to your loved one straight from the North Pole! Each letter will be postmarked at the North Pole, will be personalized with your loved one's name, a Christmas gift wish, and Santa's signature. **All letter requests must be submitted by December 10, 2010 for guaranteed delivery by Christmas.** Forms can be downloaded from our website at www.lubbockmealsonwheels.org or picked up at our office, 2304-34th. An \$8 donation will ensure that your loved one has an authentic, North Pole postmarked, letter from Santa Claus. 100% of each donation benefits the homebound, elderly, or disabled recipients of Lubbock Meals on Wheels. Please name only one Christmas gift wish per letter recipient.

CHRISTMAS CARD TRIBUTE PROGRAM

During the busy holiday season, it is difficult finding time to address and mail all those Christmas cards, but it is so important to remember every-

Tired of looking for that perfect gift?

Tired of trying to find a gift for that someone who has everything?

Lubbock Meals on Wheels has some great solutions for your gift giving dilemmas:

one at this time of the year. Let Meals on Wheels help you out with their Christmas Card Tribute Program. When you give a minimum \$5.00 gift in honor of a friend, family member, or business acquaintance, a lovely holiday acknowledgment card will be sent promptly. Both individuals, as well as businesses, are encouraged to take advantage of this excellent program that saves the donor valuable time and also contributes to a very worthwhile cause. Please send or bring your Christmas card list (include names and addresses) to **Lubbock Meals on Wheels, 2304-34th Street, Lubbock, Texas 79411. To ensure timely delivery, requests will be accepted through December 15th, 2010.**

CHRISTMAS ORNAMENTS Beautiful pewter ornaments are available for purchase through the Meals on Wheels' office. There are four styles: a Christmas tree, a stylish bow adorned with holly leaves, a peaceful angel, and a delicate snowflake. All the ornaments bear the Meals on Wheels' logo and name so whether you put the ornament on your own tree or give it as a gift, whoever sees it will know you supported a worthwhile organiza-

tion. The ornaments, complete with satin ribbon hanger, will be sold for \$10 (tax included) and are available now at the Meals on Wheels' office. Due to limited quantities, orders may be secured immediately by phone with a credit card by just calling 792-7971. Don't miss out on this very attractive addition to your holiday ornament collection!

PECANS Everyone loves receiving homemade treats and many of these holiday goodies feature pecans. One pound packages of locally grown and shelled pecan halves or pieces are available at the Meals on Wheels' office for just \$7.00! Come by now to pick up your pecans and get ready for all of your holiday baking.

Please choose one or more of these excellent options to help simplify your holiday season and remember all of the special people in your life while helping to feed the homebound in our community. They are all great gifts that truly keep on giving.

For more information, please call 792-7971.

We Make It; You Bake It

Lubbock Meals on Wheels can help make your holidays a little easier. When you have a house full of relatives, a holiday party, or just want a great and simple meal for your family; think quiche! That's right; Lubbock Meals on Wheels offers a variety of special recipe, frozen, 10-inch quiches. All you do is place your order, pick it up on your designated day, pop into the oven and enjoy! These delicious, cheesy quiches would also make a great gift for family, friends, or business associates and would be very welcome at any pot-luck supper. We also offer quiche gift certificates that allow the recipient to pick out the flavor of their choice and pick up the quiche whenever convenient. There are five varieties to choose from including Quiche Mexicana (vegetarian), Ham & Cheese Quiche, Italian Sausage Quiche, and Quiche Florentine (spinach and bacon), and new this season Spinach & Mushroom (vegetarian). Quiches are \$12.99 plus tax or two for \$25.00 plus tax and can be ordered by phone, fax, mail, or in person at our office. Quiches are available year round but are even more popular around the holidays so make plans now to order one (or more) of these fabulous quiches and know that your purchase is not only feeding your family and friends but also the homebound, elderly, and disabled in your community as all proceeds from the sale go to Lubbock Meals on Wheels. **Please refer to the order form on the back of this newsletter when ordering.**





Home Instead SENIOR CARE®

of inexpensive items. Later in the month, trees will go up at some other locations - **City Bank** (Main Branch – 5219 City Bank Parkway) and **Grand Court**. Items frequently requested are socks, blankets, slippers, and personal care items. Each donated item will be packaged in a holiday sack or paper at our community wide gift wrapping party, **Wednesday, December 8 from 2p.m.-4p.m.** at the new **Home Instead building, located at 1010 Slide**. Volunteers will also be needed to deliver the gifts to the homes of these deserving seniors. A friendly visit is just as valued as the gift itself. If you are interested in helping with this very fulfilling project by wrapping or delivering gifts or donating gift bags, please call **Cindie at Home Instead Senior Care at (806) 281-4663**.

Get Your Motors Runnin'

The **Angels of Thunder** motorcycle group is presenting the **1st Annual Bike Show at Rolling Thunder** in Fluvanna, Texas. The family friendly event on **Saturday, October 23rd from 9a.m.-11p.m.** will feature food, fun, and door prizes, along with a bike contest with cash prizes and trophies. There will also be live music and various other activities all for the affordable gate fee of \$5. The contest will feature categories for all types of motorcycles. All proceeds will benefit Lubbock Meals on Wheels so polish up those choppers and head out for a fun day in Fluvanna! For more information, please call 806-863-2740.



Game, Set, Match

The 14th Annual Lubbock Meals on Wheels' Tennis Tournament was held July 23-25 at LakeRidge, and The Falls Country Clubs, the McLeod Tennis Center, and Monterey High School. Events included men's and women's doubles, mixed doubles, and a junior tournament for players 18 and under. The fundraiser was sponsored by **HCH & T (Lane Turner & Phil Houchin), Lubbock Dermatology & Skin Cancer Clinic (Richard Hope, M.D.), Sheri & Keith Mann, Collision King, Chad & Karen Caddel, Rusty & Denice Abbe, Comfort Masters, Wagner Supply, Direct Health Care and Worley Ranch**. Over 175 adult and junior players enjoyed a fantastic weekend of tennis, kicked off with a burrito dinner provided by **Freebirds World Burrito**, and door prizes at **The Falls Tennis & Athletic Center**. Thank you to all the tournament contributors including **Great Plains Distributors, Lubbock National Bank, Freebirds World Burrito, Llano Estacado Winery, Pheasant Ridge Winery, Dennis Bros. Printers, Cardinals, Coors Light, and Lowe's**. Thank you also to tournament director, **Amanda Knight**, emcee and committee member **Karen Caddel, Suzi Schumacher, Mandi Quinones, Eric Huntley, Ben Stewart, Jim Carter, Tim Siegel**, and all the volunteers, site directors, and players for making this tournament a success raising almost **\$10,000** for Meals on Wheels. The event is already scheduled for next year so mark your calendars for July 29-31, 2011, and we hope to see you on the courts!

Lubbock Meals on Wheels has once again partnered with **Home Instead Senior Care** to organize the **Be a Santa to a Senior** project. This community service program will bring holiday cheer and gift giving to over 300 senior citizens who have little or no family with whom to celebrate the holidays or are least likely to receive a present during the holiday season. Individuals, groups, and families are invited to sponsor a senior. The main Christmas tree will be set up at **K-mart Super Center November 17 through December 3**, decorated with ornaments listing the first names of needy seniors and their wish list



ALWAYS ROOM FOR DESSERT!

Thanksgiving will be here soon, and Lubbock Meals on Wheels is once again getting ready for the **"Feed a Friend... It's as Easy as Pie"** fundraiser which is scheduled for November 13-20 at all Lubbock United Supermarkets. United customers and other Meals on Wheels' supporters are encouraged to donate at least five dollars to receive a coupon for a free pie from United. Donations may be given to the volunteers stationed at the stores' entrances, the check outs, the customer service counter, or at the Meals on Wheels' office. The coupons are redeemable at any Lubbock United Supermarkets through December 31, 2010. All proceeds benefit Lubbock Meals on Wheels. The event kicks-off with a celebrity pie eating contest on Friday, November 12. Thanks to **United Supermarkets, KAMC ABC 28, and KLBK CBS 13** for their generous contributions to this event. Many volunteers are needed throughout the week to collect donations and hand out pie coupons at the nine area United Supermarkets. If your group or organization is interested in volunteering, please call the Meals on Wheels' office at 792-7971. Please support Lubbock Meals on Wheels and enjoy a delicious pie this holiday season.



Please bring recyclable aluminum cans to Lubbock Meals on Wheels. Regular trips are made to recycle these materials, and the money received provides funds for programs. You can help the environment and Lubbock Meals on Wheels by bringing your aluminum cans to 2304-34th Street during office hours, Monday – Friday, 8a.m.-4:30p.m.



Executive Director
Lorrie Lushnat Bellair

There are many ways that YOU CAN HELP

The fall season is here, and we are into the last quarter of the fiscal year. The budget for next year is being drafted; the board is involved in strategic planning; and the staff is making plans for emergency meal boxes, the Easy as Pie fundraiser, and the holidays! There are many ways that you can help:

VOLUNTEER. There are many ways to get involved. You can deliver meals – it takes one hour to deliver a route. You can sort and package fruit for the holidays or deliver a senior food box. People are needed to help with the Easy as Pie fundraiser in November at all Lubbock United grocery stores.

MAKE A DONATION. Financial contributions come in a variety of ways. We accept cash, checks, and credit cards as well as monthly bank drafts. You may also want to remember LMOV in your will. For more information on the giving options, please contact our development department at 806-792-7971, or visit our web site at www.lubbock-mealsonwheels.org to make a secure online donation.

SPREAD THE WORD ABOUT SENIOR HUNGER. Tell your friends, family, and co-workers about the mission of our program to provide hot meals to the homebound. The human contact along with delivering a meal is immeasurable. We also deliver newspapers, pet food, a miniature birthday cake along with a card on that special occasion, and a fresh flower every Friday. These items are all donated by various businesses in our community.

We can make a difference to end hunger in our community if we all work together.

Thank you for the weekly flowers to Dad – he enjoys them so much.

- Family of B.E.

Everybody that works with Meals on Wheels,

I just want to thank who ever it is that is so considerate to us old folks. Everyone is so generous and caring. Everything you all do gives such a rewarding feeling and I am so grateful.

God Bless you all.

- Maxine

A special thanks for the brown sugar cookies. In sending these cookies, they will help me gain back the ten pounds my cancer doctor tells me I have lost, thus maybe even boosting my weight from my current 75 pounds back to the desired 90 pounds I used to weigh! I don't know what I would do without you or the lunches!

- Phyllis



upcoming events

(Please mark your calendar for these opportunities to support Lubbock Meals on Wheels)

October 23

1st Annual Rolling Thunder Bike Show
Presented by Angels of Thunder
9a.m.-11p.m. Rolling Thunder,
Fluvanna, Texas

November 13-20

Feed a Friend
It's as Easy as Pie Fundraiser
all nine Lubbock United Supermarkets

November 17-December 3

Be a Santa to Senior
Christmas tree at K-Mart

December 8-23

Twelve Days of Christmas Project

March 8, 2011

Mardi Gras 2011
Civic Center Exhibit Hall
5:30p.m.-9:00p.m



Fresh Fried Fair Feast

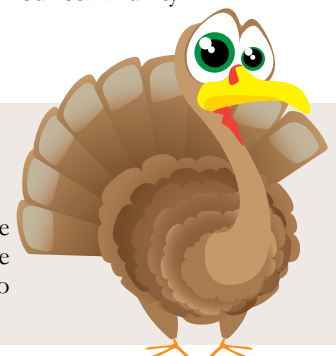
The Lubbock Meals on Wheels' funnel cake booth fried and flipped fresh fabulous funnel cakes once again at the South Plains Fair. Thanks again to **United Rentals, Cliff Chandler, & Jester Art Service** for their help in getting the booth ready for operation. Thank you also to **Norval Pollard** for storing the booth for the past year. A tremendous thank you goes to the **Knights of Columbus Council 3008** for their hard work to help Lubbock Meals on Wheels raise over **\$21,000** at our funnel cake booth.

Gobble Gobblies & Oink Oinks Welcome

If you have an extra frozen turkey or ham this holiday season, please bring it to the Meals on Wheels' office. Many turkeys and hams are needed to provide traditional Thanksgiving and Christmas meals to over 550 recipients. Any contribution is greatly appreciated!

A DOZEN DAYS OF DELIGHTFUL DELIVERIES

For the thirteenth consecutive year, planning is underway for the **Twelve Days of Christmas Project**. Thanks to the efforts of many area schools, churches, civic groups, and local businesses, a variety of holiday items are distributed to the Meals on Wheels' recipients on each of the twelve business days prior to the Christmas holiday. Some of the twelve days' gifts will include calendars, fresh fruit, puzzles, and homemade treats. These special gifts will bring cheer to those who cannot leave their homes to enjoy colorful holiday lights or attend seasonal celebrations. Each day beginning December 8th, Lubbock Meals on Wheels' volunteers will deliver the items along with the regular meal delivery. Thanks to all those helping us create a festive holiday season for the homebound in our community.





The Lubbock Meals on Wheels Pet Program feeds the many dogs and cats that provide valuable companionship to their homebound owners. Pet food is delivered every other Tuesday along with the regular hot meal delivery. Currently, approximately 80 pounds of cat food and 100 pounds of dog food are needed every other week to feed these furry friends so donations of food are always welcome. Anyone interested in donating food can bring it by Lubbock Meals on Wheels during normal business hours (8a.m.-4:30p.m. Monday – Friday) or call (806) 792-7971 for more information.

Thank you
to the following for their help
with this special program
(June 22 – October 1, 2010)

Pet Memorials:

- Agape, beloved dog of Kyle & Leigh Ann Plumlee
- Belle, beloved dog of Mike & Ann Hall
- Buzz, beloved dog of Grice & Peggy Turner
- Daisy, beloved dog of Judy Criswell
- Idgie & Solomon, beloved pets of Jami & Lauri Leonard
- Jack, beloved dog of Terry & Sue Morrow
- Lucy Lu, beloved dog of David & Stephanie Sweatt
- Macey, beloved dog of Ray & Janet Copeland
- Midnight, beloved dog of Kara Copeland
- Raider, beloved dog of Cody Copeland
- Roscoe, beloved dog of Glen Hunt
- Simon, beloved grand dog of Gary & Debra Gafford
- Tiggy, beloved dog of Billy & Helen McKibben

Donated By:

- Charles & DeAnn Britton
- Jason, Megan, Avery, & Teague Rehwald
- Sue & Johnny Franklin, A-Way With Pets
- Sue & Johnny Franklin, A-Way With Pets
- Susie Howard
- Sue & Johnny Franklin, A-Way With Pets
- Kathy Cummings
- Charles & DeAnn Britton
- Charles & DeAnn Britton
- Sue Hunt & Ken & Ann McAdams
- Kathee Lupton
- Sue & Johnny Franklin, A-Way With Pets

- Andria & Craig Cooley
- Lubbock Christian University Library
- Kyle & Leigh Ann Plumlee
- Pat Sharpe
- Helen Smith
- South Plains Home Care Association



Pet Tributes:

- Barney, beloved dog of Buddy & Letha Mayfield

Donated By:

- Patty Vannoy & Emmy Lou

**EXTRA! EXTRA!
READ ALL ABOUT IT!**

Lubbock Avalanche Journal continues to provide 180 newspapers per day (Monday – Friday) to be distributed free of charge to clients in Lubbock, the Adult Day Activity Center, and in Idalou. **AJ Readers** are generously sponsoring this special project. Lubbock Meals on Wheels is very excited about continuing this partnership and looks forward to providing yet another “extra” to our meal recipients.



mission
statement

Respecting the dignity of every human being, no matter their need or physical condition, Lubbock Meals on Wheels will provide nutritious, home delivered meals to those who are homebound, elderly or disabled. We shall seek to break the social isolation experienced by the homebound by providing warm, caring, friendly contact through our volunteers.

Set the Date for Mardi Gras

Work has already begun on Meals on Wheels' largest fundraiser, **Mardi Gras**, which will take place on **March 8, 2011**, from **5:30 p.m. – 9:00 p.m.** at the **Civic Center Exhibit Hall**. This spectacular event will include over thirty-seven food booths (with selections from your favorite local restaurants), live jazz music by the Shinn/Turner Dixie-land Band, a large silent auction (with items from various local merchants), a King and Queen in full regal attire, cash bars, plus a large children's area with a variety of activities and games. Colorful masks and beads will be available to make the evening even more festive. Everyone will also enjoy entertainment provided by face painters, clowns, magicians, jugglers, and flamboyant decorations in the official colors of purple, green, and gold.

The Market Area will feature a variety of items available for purchase such as fabulous jewelry, fragrances, and eyewear. Watch for more information coming soon about the benefit drawing! **Tickets will be available after the first of the year and are \$30 for adults, \$10 for children under 12 and can be purchased in advance at Lubbock Meals on Wheels, any Select-A-Seat location (service charge applies) or for \$35 at the door.** We accept cash, checks, or credit cards and will be happy to mail tickets or hold them for you at the door. Several levels of sponsorship are available for businesses offering some excellent benefits such as complimentary tickets and advertising. If you are interested in becoming a sponsor or need more information, please call Lubbock Meals on Wheels at 792-7971. Be sure to mark your calendars and make plans now to attend Mardi Gras 2011, one of the most fun, family-friendly, and affordable events around.



Home Instead SENIOR CARE BUSINESS SPOTLIGHT

Lubbock Meals on Wheels introduced a new article to our newsletter this year. The Business Spotlight will feature a local business that generously supports our agency. We encourage you to support these businesses that truly have our community's best interest at heart. For this last newsletter of the year, we are very happy to spotlight our friends at Home Instead Senior Care. The local franchise is owned by Terry and Tracy Baugh and opened in Lubbock in 2003. The Texas Tech graduates wanted to make a difference in their community by helping others. They have a personal family experience with caregiving and understand the stress that families encounter when caring for a loved one and the need for reliable resources. They have recently opened another office in the Midland Odessa area and they are proud to be a part of the 1200 offices in 14 countries that make up the Home Instead Senior Care network. Each Home Instead Senior Care office is independently owned and operated and was created to help seniors remain safely in the comfort of home and to provide support to the family and friends who love them. They are the largest provider of non-medical support services for seniors including companionship, meal preparation, light housekeeping, medication reminders, shopping and errands, to continual care and Alzheimer's care. Their home care services are available around the clock, every day of the year. They also offer consumer education and free on-line resources like www.caregiverstress.com that help families deal with difficult situations, and in January their office at 1010 Slide Road will host a free monthly educational series, "Family Caregiving". Home Instead became involved with Lubbock Meals on Wheels in 2004 with the first year of the Be a Santa to a Senior Program. This annual special project provides practical gifts delivered by a friendly volunteer to over 300 of our meal recipients, most of whom would otherwise not receive anything from Santa during this holiday season. For more information about this program, see the Be a Santa to a Senior article in this newsletter. In addition to the huge amount of work the Santa to a Senior Project requires of them, the staff of Home Instead has delivered meals on a weekly route for several years. The company also has generously sponsored our Mardi Gras event multiple times and has made many memorial donations for humans and pets. Thank you to all those at Home Instead that believe in the mission of Lubbock Meals on Wheels and work to make Lubbock a better place to live. For more information about Home Instead Senior Care, please visit their website at www.homeinstead.com/lubbocktx or call them at 806-281-4663 or toll free 866-885-9977.

Preparing for Visit from Jack Frost

Emergency meals will be packaged and delivered at the end of October prior to the severe weather season. If it is determined that delivery is not possible due to inclement weather, recipients will be notified via television and radio to use the emergency meal which consists of ready-to-eat, shelf-stable food items. Thanks to the **Lubbock Lions Club** for generously donating the funds to purchase this special food and to our volunteers for packaging the meals.



Marlena with her special award at the 2008 Volunteer Appreciation Dinner for "Most Original Transportation"

Passing of a Friend

Lubbock Meals on Wheels was very sorry to hear of the loss of one of our very special volunteers, Marlena Gomez. You may remember her because of the story in the Lubbock Avalanche Journal (2/12/08) about the unique mode of transportation she used to deliver meals – a taxi cab. This amazing story made national news appearing in a clip on CNN. Marlena delivered meals via cab every Wednesday from 2007 until 2009. She also volunteered for dozens of shifts every year at our Easy as Pie fundraiser again enlisting the services of a taxi to get her to United for those shifts. Marlena had a true passion for helping others, whether it was in her job with home health, or volunteering to deliver meals for us or making and handing out Thanksgiving dinner to the homeless across Lubbock. She even showed up to deliver meals on Easter in a white bunny suit! She was absolutely tireless in her efforts to brighten the lives of all those she met, and she will be greatly missed. Our sympathy goes out to her family and friends, and we hope they will be comforted as we are by all the memories of a special person who was truly an example of compassion and caring. Marlena Gomez made a difference in many lives and in our community and we will remember her always.

IN LOVING MEMORY {memorials for June 18 to October 5, 2010}

MEMORY OF • Donor(s)

Brooke Ann Adams • Mignon Preston
Naomi Adams • Annie Phipps; Myer and Betty Casey; Helen McCauley and Family
Tillie Andrews • Jackie Lynn
William Archie Andrews • Steve and Jan Alexander
Ailene Armstrong • Jo Alford Gamble
Doyle Wayne Arnold • W. D. and Mona Martin
Judy Austin • Irene Howard
Eileen Ayres • Bob Cope
Matthew Barcia • Jim and Judy Bullard
Cynthia Ruth Hinson Barnard • Wendell and Vickie Holder, Kent Clark and Lanita McAfee, Gary and Serena Holder, Bill Heald, Beverly Walker
Bruce Barrick • Newt and Myra Robison
Jim Beam • Gae Ludecke, Lisa Ludecke, Bobbie George
Gwen Beer • Howard and Dorothy Harvey
Clifford Behlen • Norma and Bob Faulk
Carolyn Sue Belew • Polly Ahrens, Charles Kitsman, The Lubbock Stroke Club, John and Rocklyn Hamilton, Joe Burleson, V. J. Jordan and Vivian Procopio, James and Pauline Wiley, Leah and Chase Belew, Steve and Elonda Kirkland, Betty McKown, Dena Quirk
Nadine Bird • Lana and W. B. Snodgrass
H. D. Boston • Carolyn Dennis
Robert Bowen • Pat and Martha Wester
Amye Browning • Della Rocap
Barbara Buescher • Consolidated Pipe & Tube
Tom and Estelle Bumpass • Betty Hanlon
Barbara Burns • South Plains Homecare Assn.
Jim Burns • Helen Burns
Peggy Burson • Charles and Desire Dunn, Steve and Brenda Tolson, Charles and Jean Speegle, K & K Supply
Almeta Cain • Shirley and Buck Nash
Shirley Carpenter's Sister • Shirley Smith Mathis
Garland Casey • Mignon Preston
Gitasri Chanda • Kamal C. Chanda
Jerre Chastain • Doris R. Kochanek
Matthew Scott Colbert • Della Rocap
Dr. Don Craig • Jay and Phyllis Kinnison, Norman and Ann Monk
Robin Cranford • Randi, Kerry and Katie Russell
Hank Crawford • Roberta Schroyer, Alisa and Steven Widmer, The Crowley Family Charitable Trust, Natgun Corporation, Carrie Johnson, Stattler and Laurel Mood, Daphne Baten; Lynn and Allen Kirk; Kathy and Joe Crumpler; Steve and Cheryl Baten, Barbara Harling and Family, Alan and Belinda Gaydon, Greg and Jeff, Guy and Lynn Frankenfield, Southcrest Baptist Church Loyalty SS, Dot Guess
DeeDee Davis • Jim and Sheri Phillips
Jim Davis • D. D. and Lane Davis
Julie Deupree • Peggy and George Clay
Mariamama Devassia • Dr. Misra
Jed Dozier • Jo Alford Gamble
Betty Bates Dykes • Pauline Ahrens, Maureen Davis, Robert Beam, Susan Fortney, Gary Kimball and Cindy Nusbaum, Lorrie Lushnat Bellair,

Jody and David McCauley, Covenant Lakeside Auxiliary Friday Bunch; Lunch Bunch, Helen Burns
Lois Echols • Ann Walker
T. L. Ellison • Bobbie Ellison Family--Larry, Anna, Brenda, Brad and Amanda
Doris Elston • Chuck and Kay Key, Villa's Homeowner's Association, Stewart Title of Lubbock, Inc., Joe Wofford, Don and Jean Keith, Roy Sheffield, Lloyd Davis, Bertha and Donna Lemaster, W. T. and Peggy Snodgrass
John Emrich's Father • Shirley Smith Mathis
Aldo Finco • Jayne and Mike Field
George Fisher • Edward and Cecilia George
Elwanda Ford • Karen Cox, Wayne and Joan Attebury, Glen, Vonnell, Linda and Frida Dotson, Tina Louise Sims, Scott and Leslie Houston, The Muellers, Maggie Sheer, Jody Dorsett, Lahonda Potter, Vonnell Lindsey, Kevin Donnelly & Team, Amanda Smith, Ann Latham, Ron and Shirley Prothro
Lawanda Ford • Martha Foster Associates, Inc., Marrion W. Hudson, Gary and Margaret Ford, Glynda Davis, Cynthia Bietz
Wanda Ford • Wayne and Bonnye Sherman
Dr. Ted Forsythe • Norman and Ann Monk, Sandy Lehman, Carol and Monta Wolfe
Dorothy Dailey Furr • George and Karen Dawson, Barbara Golden, Mary Lee Wiser, Bolinger, Segars, Gilbert and Moss, L.L.P., Orland Gilbert, Susie Howard, Newt and Myra Robison, Jill Nelson, Plains Capital Bank, Brink Suzuki, Miles and Jennifer Hornak
James Gardner • W. T. and Peggy Snodgrass
J. O. Gilbert • Ardyce Pierce
Marlena Gomez • Mr. and Mrs. George Dawson
Monte Griffin • Eunice Walter
Mabel and Luther Guillot • Betty Hanlon
Victor Haile • Nancy and Ted Reynolds
Ed and Mildred Haley • Ray Adrean, Don and Chris Jones
William E. Haley • Newt and Myra Robison
Royce Hanes • Sandy Lehman
John Hanlon • Betty Hanlon
Melita McAllister Harris • W. D. and Mona Martin
Nita Jo Heckamon • The A. J. Baumann Family
Nell Hodges • Betty Gay Davis, Wiley, Jr. and Lisa, Arthur and Merrijon Newton
Mike Hogue • DeAnn and Charles Britton, Salty and Barb Bulen, Ron and Kara Henslee, Terry Witter, Darrell and Tammy Stegall
Jim Horne • Bob Bodovsky
Jane Humphries • Don and Cray Pickering
Linda Huston • Lubbock NARFE Chapter 244, Lubbock County Farm Bureau, Beverly Morehouse
Philip David Hyde • The Kelley Family, Margaret Sifford
Jim Hyman • Kelli Cuba
Oralia Iglesias • Mary Rogers
Dorman Igo • Carolyn Moss
Carli Ilaria • Malaka Finco
Robin Isbell's Dad • Tom and Rosemary Brown and Family
Doris Isbell's Husband • Tom and Rosemary Brown and Family

Jesus • Sissum Brown
Roy Jobe • Pat and Martha Wester
Addie Jones • Betenbough Homes, Ron and Yvonne Redden
Sibby Keller • Roy and Alice Moritz
Eugene King • Berwyn and Carolyn Tisdell, Lynn Retz, Charlotte and Bob Moody, Arthur Perry, William Bennett
Donna Kluckman • Kenneth Staton, Lou Toney, Melody Handley
Linda Liner • Nell and Jim Sharp, Leota Jordan and Family, Boyd and Teruko Lane
Warren and Linda Liner • Larry Ackers, A. J. Mangum, Jr. and Ruth Furuli
Derrick Lushnat • Michael Hogue
Evelyn Lyles • Wayne and Joan Attebury
Connie Martin • Berwyn and Carolyn Tisdell
Marie Martin • The Dotson Family
Bob McAlister • Mel and Ilene Young
Jerry McDonald • Jay and Phyllis Kinnison
Carol and Walt McDonald's Granddaughter • Shirley Smith Mathis
Evalyn McDougal • Betty Hanlon
M. C. McGee • Mildred Bayes, Highland 3-R's
Jeanne McQueary • Highland 3-R's
James Mears • Ted L. Dockery
Andy Miller • Gene and Cookie Noland
Bob Monzingo • Batsine McAfee
Frances Moore • Ruth Lauer, John Akard, Robert D. Bodovsky, Ali and Shawn Johnson, Debie Martin, Lorrie Bellair, Maribeth Dennis, Women and The Law Section of the State Bar of Texas, George A. Fields Family, Jack O. Nelson, Jr., Pauline Brock and Steven Brock, Martin and Mavis McIntyre; Marilyn McIntyre; Daniel Nelson, Calvin and Wanda Ross
Ken Moreland • Mary Ann and Jim Hardy
Pat Neece • Sue and Michael Oman
Alvin Noel • Mrs. L. J. Pickett
Jerry Lee Oats • Don and Sue Wanjura
Patsy Agee Parker • Danny and Debbie Martinez, First Baptist Church Joy Class, Bruce and Ann Rush, Bob and Melba Gafford, Beverly Gresham, Dalton and Yvonne Willis, Ann and Tommy Sanford, JoeAnn Wright
Cone Pevehouse • Lois Bates
Eunice Phillips • Highland 3-R's
Ralph Amon Powell, Sr. • Craig, Terrill, Hale & Grantham, L.L.P.
Mary Katherine Prather • Grey Lewis, Ross and David Hester
Charlie Putman • Lubbock Mustang Club, Dennis and Kay Quattlebaum
Cecil Ray • Dick and Sue Weddige
Dale Ray • Wayne and Joan Attebury
Darrell Reams • Irene Howard
Ernest Reece • Fredda Townes
Phil Reep • Shirley Smith Mathis
Ruth Roquemore • Jerry Longwell, Pat May, Cecelia Long
Minnette Rowan • DeAnn and Charles Britton, Vic and Olga Midyett, Billie Rutherford, Joe and Carol Schoening, Mary Hildebrand
Eleanor Schneider • Dorothy Castle
Garmer C. Shaffer • Nan Jones
Sam Shoemaker • Gae Ludecke, Bobbie and Lisa
Helen Siewert • J. E. Murfee and Son

Paul Smith • Fred and Arlene Bradshaw
 Dr. Henn Soonpaa • John Krahmer
 John E. Stone • McCleskey, Harriger, Brazill & Graf, LLP, Law Office of Fernando M. Bustos
 Keneal Swenson, Jr. • Sissum Brown
 Randy Swindle • Bob and Pat Renfro
 E. L. Terry • Jeri and A. L. Mangum, Jayne and Mike Field, Sheryl and Gary Lawrence
 Larissa Rena Tilley • William, Mona and Kimberly Martin
 Houston Trammel • Leota Jordan and Family
 Austin Trenum • Annette and Allan Rosen
 Bill Tucker • Dan and Wilma Hurley, Berwyn and Carolyn Tisdell, J. E. Murfee and Son, Ann and Norman Monk, Glenna Kesse, Jo Anne Corbert
 Buddy L. Ward • Colene T. Fielding
 Orville Wedel • Matthew and Maureen Lambert
 Ronny Westmoreland • Bon and Cindy Burgess
 Annie Wheatley • Janet and Dave Tucker
 Inez Wiley • John and Caryl Ann Nelson
 Finis Wright • Shirley Gentry, Jennifer Morgan, Camille Powe
 G. W. Yeargain • George and Karen Dawson, Neut and Myra Robison, Norman and Jane Spear, Julius and Pat Dasch, CSJB Holdings, Inc., Jo Hicks, Valoise Savage, Robert and Dee Thomas, Guy and Susie Robinson, Ervin and Miriam Johnson, Lubbockview Christian Church Genesis Class, Benny and Donna Hendricks, Shirley Smith, Arlys Welch
 Bill E. Young • Helen D. Smith
 Ed and Nita Zukauckas • Herb and D'Aun Tavenner, Tom and Carla Throop, Tony Oden, Sandefur & Swindle CPAs, Lucille and Stan Sedgwick and Family, Lynn Frank, Steve Henry, Douglas Henry, Virginia Riggs, Katherine L. Smith, Jill Seime, Iva Oden, Tom and Tooley Wilkinson, Mildred Wylie

ECONOMIC AND ELECTRONIC MAIL

Due to the constant increases in postage, Lubbock Meals on Wheels would like to offer our newsletter via e-mail. If you would prefer to receive our newsletter in a pdf format (Adobe Acrobat) through your e-mail, please call our office at (806) 792-7971 to sign up!

MEMORIALS & HONORARIUM GIFTS

A DONATION TO LUBBOCK MEALS ON WHEELS IS A GREAT TRIBUTE FOR A:
 Birthday • Anniversary • Holiday • Special Event

DONATIONS MAY ALSO BE MADE IN MEMORY OF A LOVED ONE

With any tribute or memorial donation, an acknowledgment card will be sent to the person or persons you indicate. For tribute and memorial contributions, please cut out card below, complete, and send to:
 Lubbock Meals on Wheels
 2304 34th Street, Lubbock Texas 79411

YOU CAN ALSO HELP OUR PROGRAM IN THE COMING YEARS BY:

- Remembering Lubbock Meals on Wheels in your will.
- Giving monthly by bank draft.

PLEASE SEND AN ACKNOWLEDGMENT CARD TO: (please print clearly)

Name _____
 Address _____
 City _____ State _____ Zip _____
 This gift is from _____
 Address _____ Phone _____ / _____ - _____
 City _____ State _____ Zip _____
 Payment: MasterCard VISA Discover
 Card #: _____
 Expiration Date: ____ / ____ Security Code: _____ Authorized Amount: \$ _____ OR
 Check is enclosed for the amount of \$ _____
 Special Occasion (Specify the occasion) _____
 Memorial (Name of person to be remembered) _____

TRIBUTES {memorials for June 18 to October 5, 2010}

TRIBUTE FOR • Donor(s)

Wedding guests of Heather Marie Sproule and Nathan Anz • Mr. and Mrs. Robert Sproule
 Ann Bakeman • First UMN Questers Class
 Don and Evelyn Copenhaver • Russ and Marsha Heskett
 John Dudley • First UMC Questers Class
 Dan and Wilma Hurley • Virginia and Choc Hutcherson
 Kay Johnson • Virginia Riggs
 Billie Ruth and Fuston McCarty • Neut and Myra Robison
 Beverly Russell • Home Instead Senior Care
 Marty Shubert • John and Debbie Zak
 Thelma R Smith • Buzz and Donnie Williamson
 Ron Wesley • First UMC Questers Class
 Lea Wright • Charles and Paula Key

GRATEFUL TO GROUPS

Thanks to a very industrious group of Texas Tech students, Lubbock Meals on Wheels' building and grounds got a much needed clean-up. Twenty-five members from **University Student Housing** spent three hours on August 18th dusting desks, grooming grass, scrubbing spots, and wiping windows, leaving our entire facility looking fabulous! We truly appreciate their efforts to keep us looking great.

We would also like to recognize **Metropolitan Lubbock Rotary** for their grant of **\$1500** and **Betenbough Homes** for their grant of **\$1000** toward our new computer server. Our gratitude also goes to the **Kiwanis of Lubbock** and **Golden K Kiwanis** for their generous gifts of **\$500** each. Thanks also goes to Industrial Molding for holding a walk for their employees on October 9th and donating proceeds to us for each mile they walked. Thank you to the **Pirates of the Plains Parrot Head Club** for their generous contribution of **\$502** for the Weekend Meal Program. A very special thank you goes to the **West Texas Homebuilders Association** for allowing us to be part of the 2010 Parade of Homes and for their incredible donation of **\$10,000** from the event. There are many groups in Lubbock that donate their time and resources to many charitable organizations; they truly make our community a better place and for that we can all be grateful.

NEWS ON WHEELS

LUBBOCK MEALS ON WHEELS, INC.
2304 34TH STREET
LUBBOCK, TEXAS 79411
WWW.LUBBOCKMEALSONWHEELS.ORG

Non Profit Org.
US Postage
PAID
Lubbock, TX
Permit No 48

ADDRESS SERVICE REQUESTED

News on Wheels

Volume 31, Number 4 | October 2010

Published Quarterly

News on Wheels is available to friends of Lubbock Meals on Wheels as a public service.

Executive Director Lorrie Lushnat Bellair	Accountant Kara Henslee
Assistant Director Lisa Gilliland	Editor (Volunteer) Sunny Shaver
Special Events Coordinator DeAnn Britton	2010 Board of Directors
Program Coordinator Tammy Stegall	President Brent Guinn
Volunteer Coordinator Barbara Bulen	Past President Karen Caddel
Administrative Assistant Camille Powe	Vice Pres./Treasurer Terry Witter
Food Service Director Roberta Schroyer	Secretary Christina Styers
Food Service Staff Sheryl Hight Thelma Robinson Jerry Billington Janie Sanchez	Wendy Armes Dana Madison Keith Mann Teresa McLean Jacqui Neal Natu Patel Norval Pollard Chris Ritter April Weems

We Make it; You Bake it - Available All Year!

To place an order:

Call our office at (806) 792-7971 • Fax order to: (806) 791-1835 if paying by credit card • Mail completed form below with check or credit card number to:

Lubbock Meals on Wheels | 2304 34th Street | Lubbock, Texas 79411

ORDER FORM (Please Print Clearly)

Quiche - \$12.99 + tax each
or 2 for \$25.00 + tax

____ Spinach and Mushroom (vegetarian)
____ Quiche Mexicana (vegetarian)
____ Ham & Cheese Quiche
____ Italian Sausage Quiche
____ Quiche Florentine (spinach & bacon)

Total # of Quiches: _____ \$ _____
Tax (8.25%) \$ _____
Total \$ _____

Name: _____
Address: _____
Daytime Phone: _____
E-mail address: _____

____ My check is enclosed
____ Credit Card: VISA, MasterCard, Discover
Credit Card Number: _____
Exp. Date: _____ Security Code _____

Orders will be available for pick up by special appointment at Lubbock Meals on Wheels. Please call to make arrangements. Thank you

