

# Sample 2010 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>  Swiss Steak New Potatoes Mixed Vegetables Wheat Bread Milk or Juice
<b>4</b>  Swedish Meatballs on Noodles Vegetable Medley French Bread Cinnamon Apples Milk or Juice *DT Cinnamon Apples	<b>5</b>  BBQ Chicken Buttered Rice Lima Beans Texas Toast Milk or Juice	<b>6</b>  Breaded Pollock Au Gratin Potatoes Spinach Cornbread Pineapple Cobbler Milk or Juice *DT Pineapple Cobbler	<b>7</b>  Baked Ham Sweet Potatoes Green Beans Dinner Roll Milk or Juice	<b>8</b>  Smothered Steak Broccoli Tater Tots Biscuit Cake Milk or Juice *DT Cake
<b>11</b>  Lemon Pepper Chicken Oriental Vegetables Jasmine Rice Batter Bread Milk or Juice	<b>12</b>  Italian Spaghetti Zucchini French Bread Peaches w/ Strawberries Milk or Juice *DT Peaches w/ Strawberries	<b>13</b>  Country Fried Steak w/ Gravy Whipped Potatoes Green Beans Dinner Roll Pastry Milk or Juice *DT Cookie	<b>14</b>  King Ranch Cass Pinto Beans Cornbread Milk or Juice	<b>15</b>  Tuna Salad Pea Salad Apple & Rasians Wheat Bread Cookie Milk or Juice *DT Cookie
<b>18</b>  Salisbury Steak Buttered Rice Turnip Greens Cornbread Cherries Milk or Juice *DT Cherries	<b>19</b>  Pasta Italiano Broccoli French Bread Apple Crisp Milk or Juice *DT Apple Crisp	<b>20</b>  Fish Nuggets Macaroni & Cheese Spinach Wheat Bread Pineapple Milk or Juice *DT Pineapple	<b>Chef's Special</b>  <b>21</b>  Pork Chop w/ Gravy Smashed Potatoes Baby Carrots Dinner Roll Milk or Juice	<b>22</b>  BBQ Sausage Pinto Beans Tater Tots Texas Toast Pie Milk or Juice *DT Fruit Crisp
<b>25</b>  Ham & Noodles Au Gratin English Peas Wheat Bread Spiced Peaches Milk or Juice *DT Spiced Peaches	<b>26</b>  Cheese Enchiladas Spanish Rice Refried Beans Cornbread Milk or Juice	<b>27</b>  Country Fried Chicken w/ Gravy Whipped Potatoes Whole Kernel Corn Dinner Roll Pie Milk or Juice *DT Cobbler	<b>28</b>  Mini Corndogs Tater Tots Mixed Vegetables Cookie Milk or Juice *DT Cookie	<b>29</b>  Hungarian Goulash Sliced Carrots Biscuit Milk or Juice

\* = Diet Dessert